



## 10 Steps to Getting Treatment Consent

*This is an extra resource to go along with the original article:*  
[Everything you need to include in your consent to treatment](#)

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As you most likely already know, getting solid consent from a patient to perform a procedure or service is absolutely critical in the health and wellness industry. You need to make sure that you complete the process of getting consent correctly and thoroughly in order to protect both your practice and the patient, so follow the simple steps below.

1. Determine if the patient is in a non-life-threatening state and physically able to give consent. (Note: Consent is waived when a patient is in a critical, life-threatening state.)
2. Also determine that the patient is competent enough to give consent. (Note: In the instance where the patient is a minor, mentally ill, or unable to give consent, then a parent or guardian must do so for them.)
3. Disclose details of the procedure or service to be performed, including any risks or possible side effects.
4. Specifically ask if the patient fully understand the details of the procedure or service.
5. Ask if the patient has any questions regarding the procedure or service, and answer those questions accordingly.
6. If the procedure or service places the patient in a vulnerable position, take into consideration that you need a signature in addition to verbal or non-verbal cues of consent.
7. If a signature of consent is deemed necessary for the procedure or service, provide the patient with a consent to treatment form to review, initial, and sign. (Note: We recommend providing this form to the patient electronically, ahead of the appointment. This gives the patient ample time to read the form and conduct any additional research necessary to understand the treatment.)
8. Again, confirm with the patient that all information is understood and all questions have been answered. (Note: It also helps to include this statement in the consent to treatment form and have the patient initial beside it.)

# IntakeQ

9. Double check that all sections of the consent to treatment form are properly initialed, that the patient's name, birthdate, and the day's date are correctly recorded, and that a final signature is captured at the end of the form.
10. If you've completed steps 1-9, then rest assured that the patient has properly consented to the treatment!