

This is an extra resource to go along with the original article: Case study: Creating room for growth with nourish family nutrition

As you probably already know, running a healthcare practice can be pretty darn pricey. Thankfully, there are ways to save significant amounts of cash! Here are 5 strategies:

### 1. Transfer to EMR (electronic medical records)

Ultimately, EMR can reduce time spent on tedious paperwork: scanning, filing, and storing. Time saved means money saved!

### 2. Use digital scheduling

You may have one admin employee dedicated entirely to the task of scheduling. Try an online scheduling and confirmation system. You may even be able to reduce your staff (and your patients will appreciate it!)

## 3. Try "online appointments"

Many appointments can be held via video chat. Offering online appointments can reduce the need for office space and give patients the opportunity to save on gas.

# 4. Consider streamlining your employees' workload

Are your medical care staff performing admin duties that could be better done by a computer? Consider how to streamline their hours and save on paying high hourly rates.

#### 5. Cut out front of office staff

Try electronic sign-in, instead of hiring a front-of-office secretary.