



7 Mobile Apps That Will Modernize Your Practice

This is an extra resource to go along with the original article:
[How to modernize for a truly patient-centered practice](#)

Here are a few mobile apps for tablets or smartphones that your practitioners can use in the practice itself or recommend for patients so that they can engage with their own healthcare on a daily basis.

1. Canopy Speak

[Canopy Speak](#) is a medical translator app that allows you to communicate quickly with patients using translated medical phrases in Spanish, Chinese, French, Arabic, Russian, Haitian Creole, Hindi, Japanese, Korean, Vietnamese, and more.

2. Calculate by QxMD

[Calculate by QxMD](#) is a clinical calculator and decision support tool that features various cardiology risk scores, like the CHADS2 score for atrial fibrillation stroke risk, revised cardiac risk score for preoperative assessments, and many more.

3. MyFitnessPal

[MyFitnessPal](#) is a great (free) mobile app for tracking weight loss. If part of your patient care requires them to track, manage, lose or gain weight, this app can help them record their progress and share it with medical professionals when necessary.

4. Epocrates

[Epocrates](#) is another free app that allows you to review drug prescriptions and safety information for thousands of brand, generic and OTC drugs. You can check for potentially harmful drug-to-drug interactions, identify pills by imprint code, and even find providers in their Provider Directory.

5. NarcCalc

[NarcCalc](#) allows you to quickly and easily convert between the equivalent doses of various narcotics and opioids. Select from a drop-down menu of many commonly used opioids, with the option of selecting PO or IV/IM.

6. Skyscape Medical Library

[Skyscape Medical Library](#) is a handy reference app for practitioners. It also includes RX information on prescription brands (generic and OTC), a medical calculator, clinic consultant and



a library of other information. Consider it a search engine of all things medical, right on your mobile device.

7. MyChart

[MyChart](#) is an app that lets patients manage health information and communicate with their doctor on mobile devices. Practitioners and patients with the app can also review test results, medications, immunization records and more. You can also upload health and fitness information from other apps, like MyFitnessPal.