

This is an extra resource to go along with the original article:
The Most Common HIPAA Violations and How to Prevent Them

lacksquare I have checked the U.S. Department of Health and Human Services for announcements of
updates or changes to HIPAA and the PPACA.
\square Any information to be destroyed from the previous day has been shredded.
\square I have responded to all appropriate requests for patient information from yesterday.
\square I dealt with any employees/staff who were caught speaking about patients in inappropriate
settings.
☐ My team or I did not leave any medical information in public places.
$\hfill \square$ Any patient information I disclosed was accompanied with a medical release form with the
correct information and date.
☐ All paper documents are accounted for.
\square All paper documents from the previous day have been converted to electronic records.
\square My staff is trained to resist phishing and social engineering attacks.
\square A security IT firm is monitoring my record system for vulnerabilities and threats.
☐ I use encryption on my data at rest and in transit.
☐ My computer systems are equipped with malware blocking software.
☐ Every vendor I use is a certified HIPAA business associate and I have a proper business
associate agreement with them.
☐ All devices/software are equipped with two-factor authentication, well-crafted passwords
and encryption.
\square Any transportable devices are locked away at the end of the day.
☐ I have a policy in place for regular compliance training for my staff.
☐ I am confident that my staff is properly trained to prevent HIPAA violations.



\square Unauthorized personnel are restricted from accessing physical or electronic records.
☐ Policies are in place to limit who uses workstations.
☐ All of my emails to patients are compliant.
\Box There is a contingency plan in place to continue operations if there's a disaster (such as an
information breach).
☐ I have properly reported any security incidents.